

Taping as an Intervention: Evidence, Effects, and Application

July 18, 2009

8:00 a.m. – 5:00 p.m.

7.5 contact hours

Presidio Sport and Medicine

\$225 Members

0.75 CEUs

San Francisco, CA

\$360 Non-Members

SPEAKER

Chris Sebelski, PT, DPT, OCS, CSCS is an Assistant Professor and practicing clinician at Saint Louis University with involvement in the Orthopedic curriculum and several foundational courses in the physical therapy program. She graduated from the University of Southern California with a Doctor in Physical Therapy in May 1998 and earned Board Certification in Orthopedics in 2002. From 1998 – 2008, she was a faculty member at the University of Southern California where she served as Director of Clinical Education, Director of Continuing Education and was extensively involved in the orthopedic courses and differential diagnosis. Aside from her academic lecturing, Dr. Sebelski has lectured across the nation on the topics of shoulder and elbow rehabilitation, core training, the kinetic chain and differential diagnosis. Her clinical experience is in outpatient orthopedics currently at the SLU faculty practice at the Student Health Center.

COURSE DESCRIPTION

The use of tape as an intervention or modality is common in today's rehabilitation practice. Whether the patient post surgery with overload edema or someone post injury with concerns of recruitment or pain; there seems to be a method of taping that addresses the patient's need. But how much evidence is out there? What does the tape really do? And how can clinicians utilize the evidence to supplement their practice? This one day course focuses on the utilization of various forms of taping as an intervention. For each type of tape and each taping technique, case examples will be used to organize the course. The basic philosophy will be explored, evidence presented and time provided to experience the technique discussed both as a patient and a therapist. Participants will be encouraged to integrate the intervention of taping within their current plan of care for various diagnoses with criteria for when to discharge taping as an intervention. Participants will have immediate application of the material with their patient populations.

COURSE OBJECTIVES

Upon completion of the course participants will be able to:

- Discuss the criteria for selection of tape as an intervention including current evidence
- Demonstrate appropriate application of tape to various body regions
- Link the modality of taping to other portions of the treatment plan
- Discuss potential outcomes and their timelines from the application of tape as an intervention.

REGISTRATION

Print Name (first, middle initial, last)

APTA Member #

Employer Name or Self Employed

E-mail address

Mailing Address

City

State

Zip

Daytime Telephone

Fax number

PAYMENT

\$ _____ Registration fee

Visa

MasterCard

\$ _____ CAL-PT-PAC Contribution

Discover

American Express

\$ _____ PT Fund Contribution

Check made payable to CPTA

\$ _____ Total

Credit card number

Expiration date

CVV #

Cardholder's Signature

Print name as it appears on the card

Billing address

City

State

Zip



www.ccapta.org

Print or type and mail, or fax completed registration form to:

2880 Gateway Oaks Drive, Suite 140, Sacramento, CA 95833

Tel: (916) 929.2782; Fax (916) 646.5960

Cancellations must be received in writing. Full refund less 20% if cancellation is received 7 days before the start of the course. No refunds after May 27, 2008.

